

Full Circle Afterschool Program

Full Circle facilitates progressive social change through children's exposure to the benefits of environmental conservation and a healthy lifestyle, which they can then use to creatively solve problems existing within their community.

Goals of Project

12 week Holistic Afterschool Program

- 4 Modules
 - o **Go Green**- Tree Planting
4 week environmental restoration program throughout the community.
 - o **Go Clean**- The Art of Recycling
4 week Initiative to introduce the 3 R's through the creative arts (Reduce, Reuse and Recycle). Initiative will include community cleanup, arts and crafts with discarded reusable resources and basic composting techniques.
 - o **Go Bean** - Organic Gardening
4 week hand-on gardening class, teaching methods and techniques to better nourish children's bodies and the environment, whilst also decreasing micronutrient malnutrition in children.
 - o **Go Cuisine**- Health and Nutrition Course
4 week initiative to introduce a healthy approach to diet. Holistic understanding of the benefits of good nutrition, food preparation, hygiene and exercise.

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